

# Caring through *Cancer*

## A Caregiver's Guide for Every Step

Are you caring for a loved one with cancer? My Sister's Keeper is here to support you with our Caring Through Cancer guide, offering practical advice and emotional insights.

### What's Inside:

- **Emotional Support:** Understand your loved one's emotional journey and how to be there for them during each stage of cancer treatment.
- **Practical Tips:** Get guidance on managing daily tasks like meal prep, transportation, and medical appointments to ease your caregiving responsibilities.
- **Caregiver Self-Care:** Learn how to care for yourself while supporting your loved one.
- **Support Through All Phases:** From diagnosis to post-treatment, find tailored advice for each phase of the cancer journey.
- **Insights on Cancer Warriors:** Gain a deeper understanding of the physical and emotional changes your loved one may face.

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## Scan to Learn More

Simply scan the QR code below to access the Caring Through Cancer Guide and discover how we can support you every step of the way.

My Sister's Keeper is here for you. We offer compassionate care, personalized support services, and a community dedicated to your well-being.



Visit [myskcle.org](http://myskcle.org) for more information!



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